

Child Care Health Consultant Monthly Newsletter

July 2019



Cabarrus Partnership
for children



UPCOMING TRAININGS

2019 Child Care Health Consultant Classes

All classes offered by CCHCs will be held at **Concord First Assembly** (150 Warren C. Coleman Blvd., Concord)
Please enter the door to the left of the Living Center, on the ground floor.

August 6	SIDS	6:00—8:00 p.m.
September 10	SIDS	6:00—8:00 p.m.
October 22	SIDS	6:00—8:00 p.m.

Training Reminders:

- To sign up, please call Lissy at 704-933-8278 ext.100 or email lvrios@cabarruspartnership.org.
- IF YOU ARE UNABLE TO ATTEND AFTER REGISTERING PLEASE LET US KNOW SO WE CAN OPEN YOUR SPOT TO SOMEONE ELSE.**
 - Doors WILL BE LOCKED 10 minutes after start time for class. ***NO EXCEPTIONS***
 - NO CHILDREN ALLOWED**
 - NO FOOD ALLOWED**

MEASLES: spreads through the air when an infect person coughs or sneezes. It is so contagious that if one person has it, up to 9 out of 10 people around them will also become infected if they are not protected.

Measles starts with a fever. Soon after, it causes a cough, runny nose, and red eyes. Then a rash of tiny, red spots breaks out. It starts at the head and spreads to the rest of the body. Measles can cause serious health complications, such as pneumonia or encephalitis, and even death.



CHILDREN NEED 2 DOSES OF MEASLES VACCINE

The best way to protect against measles is with a combination vaccine that provides protection against three diseases: measles, mumps, and rubella (MMR). The MMR vaccine is proven to be very safe and effective.

CDC RECOMMENDS THAT CHILDREN GET ONE DOSE AT EACH OF THE FOLLOWING AGES: 12 THROUGH 15 MONTHS \ 4 THROUGH 6 YEARS



MMR VACCINE IS SAFE & EFFECTIVE

The MMR shot is very safe and effective at preventing measles (as well as mumps and rubella). Vaccines, like any medicine, can have side effects. But most people who get the MMR shot have no side effects. The side effects that do occur are usually very mild, such as a fever, rash, soreness or swelling where the shot was given, or temporary pain and stiffness in the joints (mostly in teens and adults). More serious side effects are rare.

Scientific studies and reviews continue to show that there is no link between vaccines and autism. Vaccine ingredients do not cause autism. Numerous scientists have studied MMR vaccine and thimerosal, and they reach the same conclusion: there is no link between MMR vaccine or thimerosal and autism.

Cabarrus County children who will be **4 years old** by August 31, 2019 may be eligible for NC Pre-K.
Encourage parents and caregivers to contact Cabarrus Partnership for Children.



For MORE INFORMATION AND TO APPLY, call:

704-933-8278

Important Contacts

NC DCDEE	1-800-859-0829
Carolinas Poison Center	1-800-222-1222
Cabarrus County DHS	704-920-1400
Debra Pless, RN, CCHC	704-960-3109
Melissa Jones, RN, CCHC	704-787-0682
NC Immunization Branch	919-707-5550
Criminal Background Check Unit Line	919-527-6620