



COVID-19 Frequently Asked Questions:

How do the Pfizer and Moderna vaccines work? You cannot get COVID-19 from the vaccines. The Pfizer and Moderna vaccines use mRNA to give your body temporary instructions to make a protein. This protein safely teaches your body to make antibodies (germ-fighting cells) against the COVID-19 virus. These germ-fighting cells are then ready to fight off the real COVID-19 if it ever tries to attack you. Your body naturally breaks down the mRNA and protein from the vaccine.

There is no virus in the vaccine.

Are there side effects from the vaccines? No serious side effects were reported in clinical trials. Temporary reactions after receiving the vaccine may include a sore arm, headache or feeling tired and achy for a day or two and in some cases, fever. These temporary reactions were more common after the second vaccine dose. In most cases, these temporary reactions are normal, which are good signs that your body is building protection. You can take medicines like Tylenol or ibuprofen to help with these temporary reactions after receiving your shot. While extremely rare, there have been a few cases of severe allergic reaction to the Pfizer vaccine outside of the clinical trials, and vaccine providers are prepared with medicines if they need to treat these rare allergic reactions

Should pregnant women be vaccinated? Pregnant and breastfeeding women may choose to receive the Pfizer or Moderna COVID-19 vaccines. Pregnant women can talk with their doctors before making the choice. You do not need to take a pregnancy test before you get your vaccine. Women who are breastfeeding may also choose to get vaccinated. The vaccine is not thought to be a risk to a baby who

Do people who have had COVID-19 still need to be vaccinated? Yes. The vaccine works to protect you against a future infection. You don't need a COVID-19 test before vaccination. It is safe to get vaccinated with the Pfizer or Moderna vaccine if you have been infected in the past. If you were treated for COVID-19 symptoms with monoclonal antibodies or convalescent plasma, you should wait 90 days before getting a COVID-19 vaccine. Talk to your doctor if you are unsure what treatments you received or if you have more questions about getting a COVID-19 vaccine.

How long does it take for the vaccine to work? The vaccines provide their full protection from COVID-19 two weeks after receiving the second dose. Will the vaccine affect testing for possible COVID-19 infection? Getting a COVID-19 vaccine will not affect the most common tests used to test for the COVID-19 virus, which are called PCR or antigen tests. The vaccines do not affect these test results because there is no virus in the vaccines. However, you may test positive for the antibody test because of the immune response to the vaccine.

Visit the website below to locate your vaccine:

[YourSpotYourShot.nc.gov](https://www.yourshot.nc.gov)

Child Care Health Consultant Monthly Newsletter

March 2021



Cabarrus Partnership
for children



2021 Training Calendar

SIDS: March 2nd, May 4th, June 1st, September 7th, and October 5th

CPR: April 13th, and July 6th (PAYMENT REQUIRED PRIOR TO ATTENDING)

UPCOMING TRAININGS

Call or Email Lissy to register, 704-933-8278, or lvrios@cabarruspartnership.org
***** ALL CLASSES are at CFA, now Multiply Church (same location) from 6—8 p.m.*****

150 Warren C Coleman Blvd. Concord, NC 28027

**Enter through back doors to the left of the Assisted Living Center
UNDER THE SIGN FOR THE THEATRE/CAFETERIA**

NC HOTLINE: HOPE4HEALERS

919-226-2002

Cabarrus Health Alliance 704-920-1213

Healthinfo@cabarrushealth.org

APPLICATIONS NOW OPEN FOR 2021-2022 SCHOOL YEAR!

Cabarrus County children who will be **4 years old** by August 31, 2021 may be eligible for NC Pre-K.

Encourage parents and caregivers to contact

Cabarrus Partnership for Children.

For MORE INFORMATION AND TO APPLY, call:

704-933-8278 or visit our website: www.cabarruspartnership.org



Important Contacts



NC DCDEE

1-800-859-0829

Debra Pless, RN, CCHC

704-791-0058

Carolinas Poison Center

1-800-222-1222

Melissa Jones, RN, CCHC

704-787-2638

Cabarrus County DHS

704-920-1400

NC Immunization Branch

919-707-5550

Criminal Background Check Unit Line

919-527-6620