



Updates on how COVID-10 Spreads

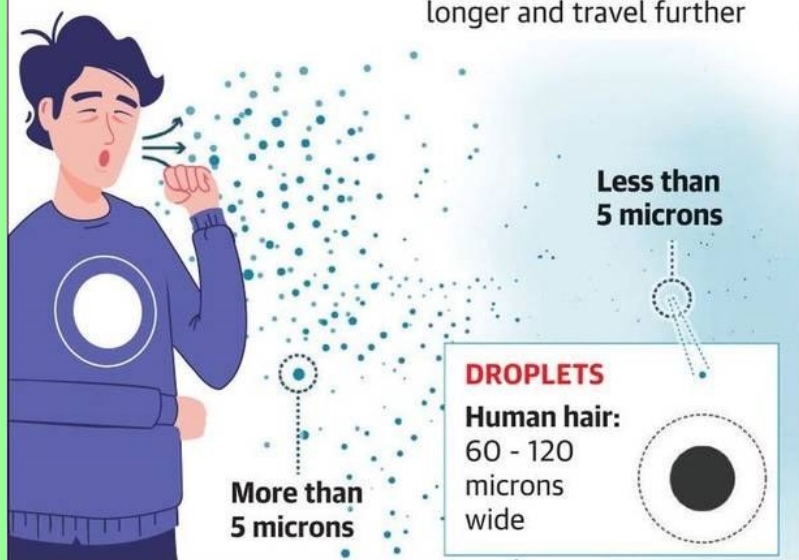
Key difference in transmission

DROPLET

Coughs and sneezes can spread droplets of saliva and mucus

AIRBORNE

Tiny particles, possibly produced by talking, are suspended in the air for longer and travel further



SOURCE: WORLD HEALTH ORGANIZATION

COVID-19 is thought to spread from person to person through droplets. These droplets fly into the air when someone with COVID-19 sneezes, coughs, talks, shouts, or sings. Other people can become sick when these droplets land on their mouth, nose, or eyes. COVID-19 may also spread through tiny particles that can float in the air for longer periods. When people who are infected with COVID-19 are in an enclosed space with other people, the air may become contaminated with these tiny particles.

Some people may be sick but do not know it. Others may be sick but not yet showing symptoms. Cloth face coverings and social distancing can keep people with COVID-19 from infecting others. Cloth face coverings help keep droplets contained. Social distancing helps prevent droplets from reaching other people.

Early educators can help improve indoor air quality by:

- Regularly wiping down air diffusers and return air grates to remove dust and grime.
 - Decluttering the classroom environment to allow for increased air flow.
 - Move seasonal items and unused learning materials into storage outside of the classroom.
 - Get rid of excessive amounts of paper, fabrics, and difficult to clean furnishing and play items.
- Avoiding the use of fans in enclosed spaces. Moving contaminated air around in a closed room could increase the risk of infection.

For Fingerprinting of New Employees

Call Susan Johnson

704-920-3031



2021 Training Calendar coming on the December Newsletter!

*****Please contact Debra or Melissa for CPR/FA Training*****

Cabarrus Health Alliance 704-920-1213

Healthinfo@cabarrushealth.org

SPOTS ARE STILL AVAILABLE....

Cabarrus County children who will be **4 years old** by August 31, 2020 may be eligible for NC Pre-K.



Encourage parents and caregivers to contact
Cabarrus Partnership for Children.

For MORE INFORMATION AND TO APPLY, call:

704-933-8278

Important Contacts



NC DCDEE

Carolinas Poison Center

Cabarrus County DHS

Debra Pless, RN, CCHC

Melissa Jones, RN, CCHC

NC Immunization Branch

Criminal Background Check Unit Line

1-800-859-0829

1-800-222-1222

704-920-1400

704-791-0058*NEW

704-787-2638*NEW

919-707-5550

919-527-6620