



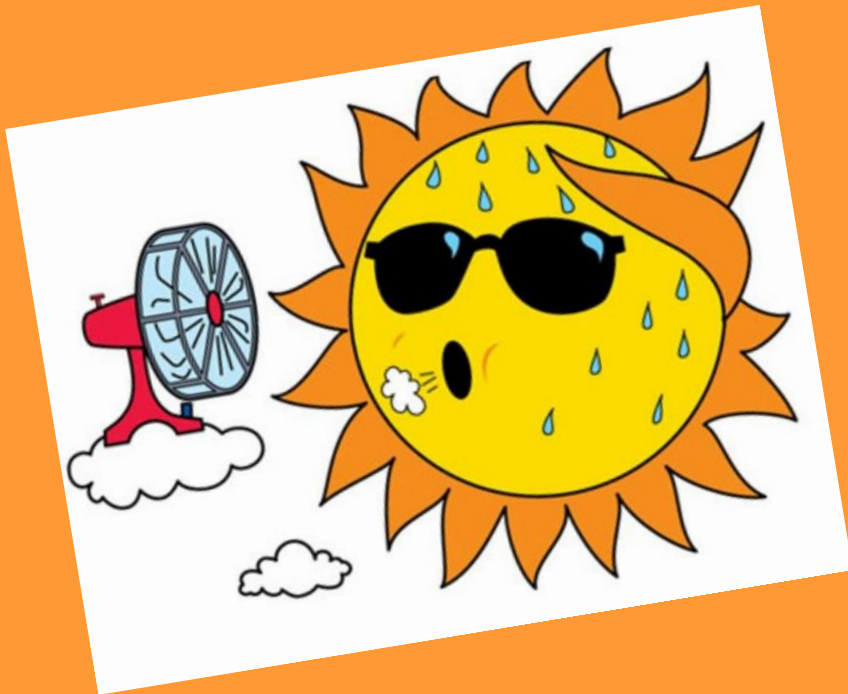
SYMPTOMS OF HEAT RELATED ILLNESS:

Muscle cramps, fatigue, weakness, dizziness, fainting, headaches, nausea, and vomiting

****Children, adults over 65, people without access to air conditioning
and those with chronic health conditions are most vulnerable.****

To reduce the risk of heat-related illness:

- Increase fluid intake
- Take breaks in an air-conditioned shelter frequently if spending extended time outside
- Reduce normal activity level



****NEVER LEAVE CHILDREN UNATTENDED IN VEHICLES,**
especially during warm or hot weather, as temperature levels
inside a car can reach a lethal level in a matter of minutes**

****If you or someone you know experiences heat-related illness,
move to a cool place, drink water, place cold cloths on the body
and seek medical attention.****

Child Care Health Consultant Monthly Newsletter

August 2021



Cabarrus Partnership
for children



2021 Training Calendar

SIDS: September 7th, and October 5th

UPCOMING TRAININGS

Call or Email Lissy to register, 704-933-8278, or lvrios@cabarruspartnership.org
ALL CLASSES are at CFA, now Multiply Church (same location) from 6—8 p.m.
150 Warren C Coleman Blvd. Concord, NC 28027

Enter through back doors to the left of the Assisted Living Center
UNDER THE SIGN FOR THE THEATRE/CAFETERIA

Visit the website below to locate your vaccine:

YourSpotYourShot.nc.gov

Cabarrus Health Alliance 704-920-1213

Healthinfo@cabarrushealth.org

APPLICATIONS NOW OPEN FOR 2021-2022 SCHOOL YEAR!

Cabarrus County children who will be **4 years old** by August 31, 2021 may be eligible for NC Pre-K.



Encourage parents and caregivers to contact

Cabarrus Partnership for Children.

For MORE INFORMATION AND TO APPLY, call:

704-933-8278 or visit our website: www.cabarruspartnership.org

Important Contacts



NC DCDEE

1-800-859-0829

Debra Pless, RN, CCHC

704-791-0058

Carolinas Poison Center

1-800-222-1222

Melissa Jones, RN, CCHC

704-787-2638

Cabarrus County DHS

704-920-1400

NC Immunization Branch

919-707-5550

Criminal Background Check Unit Line

919-527-6620