

Training Catalog

FALL
2020

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

October-
November

Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send or bring registration form with payment to:

Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110

By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County's registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc.,
4600 Park Road, Suite 400, Charlotte, NC 28209

Union: Child Care Resources Inc., 105-A Cedar St.
Monroe, NC 28110

Stanly

Stanly County Partnership for Children. 1000 N. First Street,
Suite 8, Albemarle, NC 28001

Rowan

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus

Please check training description for location



LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ALL ABOUT THE SACERS-U

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements

Individual email addresses for registration are required.

These trainings are self-paced and will require participants to have access to a computer or other electronic device with internet connection.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: *Online sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.*

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

BULLYING: TODAY'S MEAN SCENE

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child

at risk for being bullied and best practices for prevention and intervention will be discussed.

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

CONVERSATION: THE COMMON THREAD IN OUR WORK

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

FUNDING SCHOOL AGE PROGRAMS

School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

GRANTING CHILDREN THEIR EMOTIONS

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

IT'S OFF TO SCHOOL WE GO

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

POTTY TIME: WHEN IS THE RIGHT TIME?

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.
**For administrators and those in leadership positions.*

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

CEU COURSES

ACTIVE READING WITH PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

\$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

\$25 | 0.5 CEUs

SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
Story Stretchers	Mon., Oct. 26	6:45-8:45 pm	Meck/Zoom	Curriculum
Infant and Toddler Developing Social-Emotional Skills	Tue., Oct. 27	6:30-8:30 pm	Stanly/Zoom	Infant/Toddler
ITS-SIDS	Tue., Oct. 27	9-11 am	Meck/Zoom	Infant/Toddler
Turning Difficult Situations Around	Tue., Oct. 27	6:30-8:30 pm	Meck/Zoom	Professionalism
ITS-SIDS	Wed., Oct. 28	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
Let's Play	Wed., Oct. 28	6-8 pm	Meck/Zoom	Preschool
ITS-SIDS	Thu., Oct. 29	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Causes of Misbehavior: Why Do They Act That Way?	Thu., Oct. 29	6:30-8:30 pm	Meck/Zoom	Social-Emotional
Off to School (Pt. 2) – Helping Parents Prepare for Kindergarten	Thu., Oct. 29	9:30-11:30 am	Meck/Zoom	Preschool
Leading the Way: Implementing High-Quality Infant/Toddler Care	Fri., Oct. 30	1-3 pm	Meck/Zoom	Infant/Toddler
ITS-SIDS	Mon, Nov. 2	9-11 am	Meck/Zoom	Infant/Toddler
ITS-SIDS	Wed., Nov. 4	6-8 pm.	Union/Zoom	Infant/Toddler
Welcome to Early Childhood	Wed., Nov. 4	6:30-8:30 pm	Rowan/Zoom	Professionalism
Open-Ended Art	Thu., Nov. 5	2-4 pm	Meck/Zoom	Child Development
Children and Stress	Thu., Nov. 5	6:30-8:30 pm	Meck/Zoom	Health, Safety, Nutrition
How Are You, How Am I	Thu., Nov. 5	6:30-8:30 pm	Meck/Zoom	Social-Emotional
A+ Supervision	Fri., Nov. 6	9-11 am	Meck/Zoom	Health, Safety, Nutrition
Promoting Friendship and Social Play in Preschool	Mon., Nov. 9	12-2 pm	Meck/Zoom	Preschool
Getting Started Improving Quality with the ITERS-R	Tue., Nov. 10	6:30-8:30 pm	Stanly/Zoom	Infant/Toddler
Circle Time Fun and Learning	Thu., Nov. 12	6:30-8:30 pm	Meck/Zoom	Child Development
Infant and Toddler Developing Social-Emotional Skills	Thu., Nov. 12	1-3 pm	Meck/Zoom	Infant/Toddler
ITS-SIDS	Sat., Nov. 14	9-11 am	Meck/Zoom	Infant/Toddler
Structured Freedom	Sat., Nov. 14	9-11 am	Meck/Zoom	Infant/Toddler
ITS-SIDS	Mon., Nov. 16	6-8 pm	Union/Zoom	Infant/Toddler
ITS-SIDS	Wed., Nov. 18	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
ITS-SIDS	Wed., Nov. 18	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
We're All Stressed: How to Avoid Burnout	Wed., Nov. 18	6:30-8:30 pm	Meck/Zoom	Professionalism
Deep Breathing: A Connection to Calm	Thu., Nov. 19	6:30-8:30 pm	Meck/Zoom	Social-Emotional
Creating a Classroom Community	Fri., Nov. 20	6:30-8:30 pm	Meck/Zoom	Child Development
Dealing with Separation Anxiety	Fri., Nov. 20	9:30-11:30 am	Meck/Zoom	Child Development
Emergency Preparedness and Response	Mon., Nov. 23	10 am-12:30 pm	Meck/Zoom	Administration
Primary Caregiving	Tue., Nov. 24	6:30-8:30 pm	Meck/Zoom	Social-Emotional
Fire Safety	Mon., Nov. 30	3-5 pm	Union/Zoom	Health, Safety, Nutrition

SESSION DESCRIPTIONS

Zoom trainings are offered virtually and will require participants to have the capabilities to mute/unmute themselves, share their cameras, and participate via chatbox throughout the session. Individual email addresses for registration are required.

ADMINISTRATION

EMERGENCY PREPAREDNESS AND RESPONSE

Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. **This curriculum meets the state standards and requirements for Emergency Preparedness and Response.*

**This session is reserved for administrators ONLY and is limited to 12 participants.*

[Mon., Nov. 23 | 10 am-12:30 pm](#)

[Meck/Zoom](#) | \$15 | 2.5 credit hours

Level: Entry

CHILD DEVELOPMENT

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This training helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

[Thu., Nov. 12 | 6:30-8:30 pm | Zoom/Meck](#)

\$15 | 2.0 credit hours | Level: Beginner

CREATING A CLASSROOM COMMUNITY

Does your schedule seem erratic? Are your transitions tricky? In this session, we will discuss classroom structures with a focus on creating a classroom community. By understanding how to build community within a classroom – where expectations are known, where there is ease into transitions and where routines and schedules are appropriate – you will gain a new awareness of how to make the classroom more enjoyable!

[Fri., Nov. 20 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

DEALING WITH SEPARATION ANXIETY

This workshop will highlight practical ideas to help children, parents, and staff deal with separation anxiety, including a discussion of Maslow's Hierarchy of Needs and how it ties in with Separation Anxiety.

[Fri., Nov. 20 | 9:30-11:30 am | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

OPEN-ENDED ART

Participants will learn and discuss what constitutes actual art "work" completed by children and how to talk to parents about its benefits. Are we more concerned about the product output or what children learn from the process of doing art? Participants will get hands-on experience with art activities that focus on learning rather than the perfect finished product.

[Thu., Nov. 5 | 2-4 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

CURRICULUM

STORY STRETCHERS

Everyone loves a good story. Through this training session, participants will learn how to extend favorite books into other areas of the curriculum, including learning centers and small group activities.

[Mon., Oct. 26 | 6:45-8:45 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

HEALTH, SAFETY, & NUTRITION

A+ SUPERVISION

In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

[Fri., Nov. 6 | 9-11 am | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

CHILDREN AND STRESS

Research shows severe stress can be harmful to a child's well-being. Providing children with supportive, responsive relationships early in life can prevent or reverse the damaging effects of stress. Understanding stress can help broaden safety practices and create conditions in which children can prosper. This session remind us that children thrive best in safe environments, which includes stable, nurturing relationships with adults.

[Thu., Nov. 5 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

FIRE SAFETY

This session will address county fire codes and guidelines for general precautions, emergency planning and fire drills, equipment services' features and systems, fire-related construction and protection, restrictions for interior wall and ceiling covering in the classroom, means of egress and the use of fire extinguishers. This session will also provide information on how to ensure compliance for fire safety.

**Union County providers only*

[Mon., Nov. 30 | 3-5 pm | Union/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

Technology Requirements for Online Virtual Sessions

Individual email addresses for registration are required.

Any trainings that are offered virtually will require participants to have access to a computer or other electronic device with internet connection.

Participants must also have the ability to watch and listen to video online, have the capabilities to unmute themselves, share their cameras, and participate via chatbox throughout the session.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers to hear audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: Most online sessions are 2 credit hours (unless otherwise stated). You will be contacted at least 1 week prior to training with instructions and login information pertaining to your online training.

INFANT/TODDLER

GETTING STARTED IMPROVING QUALITY WITH THE ITES-R

Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITES-R as a self-assessment tool to maintain quality long after the assessment is over. This training provides an overview of the ITES-R and will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during, and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised edition. (DCDEE 1, 5, 8)
**This training is for Stanly County Partnership for Children only.*

**Tue. Nov. 10 | 6:30-8:30 pm | Stanly/Zoom
\$7 | 2.0 credit hours | Level: Beginner**

INFANT AND TODDLER DEVELOPING SOCIAL-EMOTIONAL SKILLS

Children begin developing social-emotional skills from infancy. Understanding how to support infant and toddler development during this period is crucial to their overall well-being. This professional development course explores the developing social-emotional skills of infants and toddlers. Participants will learn to define and describe social-emotional development, identify key social-emotional skills that contribute to school readiness, and gain richer insight into strategies that support social-emotional development for infants and toddlers. This training provides information that supports the ITES-R subscales: Listening and Talking and Interactions. (DCDEE 3, 7)

**Tue., Oct. 27 | 6:30-8:30 pm | Stanly/Zoom
Thu., Nov. 12 | 1-3 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Intermediate**

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

**Tue., Oct 27 | 9-11 am | Meck/Zoom
\$15 | 2.0 credit hours
Wed., Oct. 28 | 6:30-8:30 pm | Rowan/Zoom
\$10 | 2.0 credit hours | 2.0 CEUs
Thu., Oct. 29 | 6:30-8:30 pm | Meck/Zoom
Mon., Nov. 2 | 9-11 am | Meck/Zoom
Wed., Nov. 4 | 6-8 pm | Union/Zoom
Sat., Nov. 14 | 9-11 am | Meck/Zoom
Mon., Nov. 16 | 6-8 pm | Union/Zoom
Wed., Nov. 18 | 6:30-8:30 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Beginner
Wed., Nov. 18 | 6:30-8:30 pm | Rowan/Zoom
\$10 | 2.0 credit hours | Level: Beginner**

LEADING THE WAY: IMPLEMENTING HIGH-QUALITY INFANT TODDLER CARE

In this training, we will discuss evidence-based practices and policies that support the high-quality infant toddler care we all strive to provide. We will look at six essential program policies that support relationship-based strategies in child care and examine your beliefs and philosophy as they relate to evidence-based quality group care. (DCDEE 1,3,5)

**Fri., Oct. 30 | 1-3 pm | Meck/Zoom
\$15 | 2.0 credit hours | 2.0 CEUs
Level: Entry**

PRESCHOOL

IT'S OFF TO SCHOOL WE GO: PART 2 – HELPING PARENTS PREPARE FOR KINDERGARTEN

When a child's preschool years are coming to an end, thoughts turn to Kindergarten. Are the children ready? What skills do kindergarten teachers expect them to have? This session will answer those questions and help you as a teacher aid parents in taking this important step with their children. This is part 2 of 2, but both trainings can be taken as stand-alone sessions.

**Thu., Oct. 29 | 9:30-11:30 am | Meck/Zoom
\$15 | 2.0 credit hours | Level: Intermediate**

LET'S PLAY

Have you lost your classroom play mojo? The role of the teacher during play must include facilitation, engagement, and appropriate individualization for each child's developmental level. Planning for play must be intentional. This training session helps you focus on creating time, space, and materials for play.

**Wed., Oct. 28 | 6-8 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Beginner**

PROMOTING FRIENDSHIP AND SOCIAL PLAY IN PRESCHOOL

This session will give practical ideas and strategies for dealing with children who have a difficult time making friends. It will also provide information on how teachers can help in this process and an overview of the children who may experience difficulty in making friends.

[Mon., Nov. 9 | 12-2 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

STRUCTURED FREEDOM

Room arrangement of a classroom can affect many aspects of the learning process. The first step in making changes in your space is to step back and determine your needs. Through examples of actual classrooms, review of basic licensing rules and regulations, implementation of environment rating scale guidelines, and reviewing concerns in your own classroom, we hope that through this training, you can better identify needs so that you can make the most out of your space.

[Sat., Nov. 14 | 10 am-12 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

PROFESSIONALISM TURNING DIFFICULT SITUATIONS AROUND

No matter what you do, there will be challenging situations to face in your personal or work life. These types of challenges are ones that need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight common causes of conflict in the workplace and strategies to resolve conflicts and turn difficult situations around!

[Tue., Oct. 27 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

WELCOME TO EARLY CHILDHOOD: A TRAINING TO EMPOWER NEW ECE EMPLOYEES!

This training is designed specifically for employees who are new to the early childhood field. This course will cover programs available to support your education and the supplement programs available to you such as WAGE\$ and TEACH. Additionally, we will have guest speakers from the field to give advice on how to grow in your profession and why this field is so important.

[Wed., Nov. 4 | 6:30-8:30 pm | Rowan/Zoom](#)

\$10 | 2.0 credit hours | Level: Beginner

WE'RE ALL STRESSED-HOW TO AVOID BURNOUT

This workshop will identify causes of stress and burnout. It will also give practical ideas and strategies for avoiding and/or dealing with burnout.

[Wed., Nov. 18 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

SOCIAL & EMOTIONAL DEVELOPMENT

CAUSES OF MISBEHAVIOR: WHY DO THEY ACT THAT WAY?

Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons children misbehave, a crucial first step in determining how to prevent or reduce challenging behaviors.

[Thu., Oct. 29 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

DEEP BREATHING: A CONNECTION TO CALM

This training is geared toward informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. You will assess your own responses and reaction in relation to deep breathing by creating an environment that naturally promotes this crucial skill to their early social-emotional development. You will learn about the importance and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s.

[Thu., Nov. 19 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

HOW ARE YOU, HOW AM I

Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We'll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

[Thu., Nov. 5 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and learn how to implement a primary caregiving system in your classroom

[Tue., Nov. 24 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Intermediate

REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____

Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _____

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209

***Credit Card Payments accepted online only.**