



Region 6 Child Care Resource & Referral

Training Calendar

April 1 – June 2018

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly & Union Counties

Training sessions offered between April 1 – June 30, 2018 are listed in this issue.

The Region 6 Child Care Resource & Referral Training Calendar is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten and school-age programs with information about and access to a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union Counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.

Register Now for Training Sessions!

- 1 Review the professional development training sessions for topics, dates, times, locations and credits. Topics are listed under appropriate training categories.
- 2 Review the registration instructions on page 2 for the county in which your training session(s) is/are offered.
- 3 Complete the registration form on page 11 and return it as soon as possible to the appropriate location.



REMINDERS for ALL Training Sessions

- Pre-registration is required and enrollment is limited for sessions in all counties.
- Register early—registrations made within 2 weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records. For training in Stanly County, please refer to the registration instructions on page 2.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.



**Region 6
Child Care
Resource & Referral**

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Registration Instructions (See Registration Form on Page 11)

Cabarrus, Mecklenburg & Union

Payment Information:

- Check or money order (payable to "CCRI") and credit cards are accepted payment forms.
- All training fees are NON-REFUNDABLE.

How To Register:

- ON THE WEB: Visit www.childcaresourcesinc.org to view, register, and pay for training sessions.
- BY MAIL or IN-PERSON: Send or bring registration form found in this publication with payment to the Child Care Resources location in the county where your selected session will be held:

Cabarrus/Mecklenburg/Union
 Child Care Resources Inc.
 4600 Park Road, Suite 400
 Charlotte, NC 28209



Locations

- MECKLENBURG:** CCRI, 4600 Park Road, Suite 400
Charlotte, NC 28209
- UNION:** CCRI, 105-A Cedar Street
Monroe, NC 28110
- CABARRUS:** Please check training session description for location.
- ROWAN:** Please check training session description for location.
- STANLY:** Stanly County Partnership for Children
1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan

Payment Information:

- Cash, check or money order (payable to "Smart Start Rowan") are accepted payment forms.

How To Register:

- BY MAIL or IN-PERSON: Send or bring registration form found on page 11 with payment to Quyona Rawley at:

Child Care Connections / Smart Start Rowan
 1329 Jake Alexander Blvd. S
 Salisbury, NC 28146

- BY PHONE: Call Quyona Rawley at (704) 603-3351.

Stanly

Payment Information:

- Cash, check or money order (payable to "Stanly County Partnership for Children") are accepted payment forms.

How To Register:

- Download Stanly County's registration form at www.stanlypartnership.org. Please DO NOT USE the registration form from this publication.
- BY MAIL or IN-PERSON: Send or bring registration form with payment to:

Stanly County Partnership for Children
 1000 North First Street, Suite 8 (Stanly Commons)
 Albemarle, NC 28001

Questions: Call Linda Solomon at (704) 982-2038.

Session Codes

Wondering if a session is right for you? Each description lists:

AUDIENCE: Indicates if training sessions are intended for staff from:

- Child Care Centers = **C** Family Child Care Homes = **F**
- Centers In A Residence = **R** All Child Care Programs = **A**

LEVEL: Indicates level of knowledge participants can expect to gain from a training session. This scale is adapted from the Early Care and Education Career Lattice described in Child Care Resources' *Reaching Higher* professional development plan.

- 1 Entry** – Offers basic background information.
- 2 Beginner** – Explores practical applications.
- 3 Intermediate** – Expands existing knowledge.
- 4 Advanced** – Provides specific, in-depth knowledge relevant to field of concentration or interest area.

ERS: Indicates whether a training provides information related to one of the Environment Rating Scales: Infant/Toddler Environment Rating Scale (ITERS-R), Early Childhood Environment Rating Scale (ECERS-R), Family Child Care Environment Rating Scale (FCCERS-R), and School-Age Care Environment Rating Scale (SACERS).

Training Descriptions

Administration

Emergency Preparedness and Response in Child Care

Emergency preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed two-part curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. *This curriculum meets the *NEW* state standards and requirements for Emergency Preparedness and Response. *This session is reserved for administrators ONLY and class is limited to 12 participants.

*Participants must attend both sessions.

May 23 & June 6 | 10:00 am-12:00 pm | Union
June 4 & 18 | 10:00 am-12:00 pm | Mecklenburg
 \$25 | 0.5 CEU
 Audience Level: A/4

Visionary Leadership Skills

This training will provide administrators the opportunity to explore their leadership style, review the components of successful teams and examine how teams impact the functioning of the center. The role of the Director will be studied in relation to assessing the center and identifying items that need to be addressed. The Critical Thinking skills of evaluating the information, applying knowledge gained, making reasonable judgements and exploring alternative actions will be examined. The resource Blueprint for Action: Achieving Center-Based Change through Staff Development, Bloom, Paula Jorde (2005) will be explored.

April 5 | 12:00-2:00 pm | Mecklenburg
April 19 | 12:00-2:00 pm | Union
 \$15 | 2 credit hours
 Audience Level: A/3

Child Development

Brain Development and Early Literacy

The development of the brain is influenced by many factors, including a child's relationships, experiences and environment. Participants will be introduced to literacy activities, which will stimulate different parts of the brain and learn how to incorporate the domains for early literacy.

April 12 | 6:30-8:30 pm | Mecklenburg
 \$15 | 2 credit hours
 Audience Level: A/1

Diversity Awareness

Is your classroom a community where each child feels comfortable and valued and where all children learn to respect the difference of others? In this training, we will explore intentional caregiving and teaching practices and activities that promote diversity awareness learning in positive and supportive ways!

May 22 | 6:30-8:30 pm | Mecklenburg
 \$15 | 2 credit hours
 Audience Level: A/3

The Importance of Play in Development

Children learn the world around them through play. It is critical in the development of imagination, language, social, emotional, cognitive, motor and problem-solving skills. Participants will learn stages of play, how to play like a child, and how it may differ for a child with developmental delays. Participants will also go over activities that they can model to help encourage listening skills, social and emotional development, eye contact, and peer responding. This training is designed to give insight on the perception of play in children and how teachers can support a playful learning environment within and outside of the classroom for all children.

June 5 | 6:30-8:30 pm | Rowan
 \$10 | 2 credit hours
 Audience Level: A/1

What Every Young Child with Autism Wished You Knew

Come join us for an overview of the Autism Spectrum Disorder (ASD) and learn strategies for helping parents seek help and resources. Participants will gain an increased understanding about ASD from both a parent and professional perspective and learn valuable tools and strategies for providing a supportive learning environment.

May 1 | 9:30-11:30 am | Mecklenburg
 No Fee | 2 credit hours
 Audience & Level: A/2

Curriculum

All About Math

Shapes, sorting, counting and graphing: It's all Math! The question you might be asking is "How am I supposed to teach preschoolers these concepts without old fashioned worksheets?" This session will show you how! Join us in exploring the exciting world of math.

May 1 | 6:30-8:30 pm | Union
 \$15 | 2 credit hours
 Audience Level: A/1

Creating Lesson Plans: Why is it so hard?

A suitable lesson plan is essential for intentional learning. Children thrive when teachers structure classroom activities with the developmental level of each child in mind. This session will demonstrate how to create effective lesson plans and accompanying activities that take into account the individual needs of children.

May 22 | 6:30-8:30 pm | Cabarrus *Location: New Life Kids 4160 Zion Church Road, Concord, NC 28025
 \$15 | 2 credit hours
 Audience Level: A/1

STEM aka: STEAM!

Have you heard the expression STEM? Are you curious as to what that means in an early childhood education classroom? STEM stands for: Science, Technology, Engineering and Math. This concept has been expanded to include the Arts, so the new acronym is STEAM! This workshop will support our understanding of STEAM to include: understanding how children learn best, learning is integrated across all dimensions of growth, and following children's interests is the foundation of STEAM. The principles and practices of STEAM will be developed, which will also include identifying materials and activities to reinforce STEAM concepts with young children. Join us in learning about how to support and apply STEAM in your classroom. *A homework assignment must be completed between the two sessions

May 5 & 12 *Participants must attend both sessions | 8:30-10:30am | Mecklenburg
 \$25 | 5 credit hours | 0.5 CEU
June 7 | 6:30-8:30 pm | Union
 \$15 | 2 credit hours
 Audience Level: A/3

Teaching Children in a Diverse Society

This session explores the many ways you can incorporate activities and materials to introduce cultural diversity in your classroom. Having quality early learning environments that are culturally and developmentally appropriate help build young children's self-confidence and skills. Increase children's awareness, appreciation and inclusion of diverse beliefs and cultures.

June 9 | 10:00 am-12:00 pm | Mecklenburg
 \$15 | 2 credit hours
 Audience Level: A/1

Health, Safety & Nutrition

A+ Supervision

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs could be avoided? In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

April 4 | 10:00 am-12:00 pm | Mecklenburg
May 26 | 9:00-11:00 am | Cabarrus *Location TBD*
 \$15 | 2 credit hours
 Audience Level: A/1

Be Active Kids

Be Active Kids is a signature program of the Blue Cross Blue Shield of NC Foundation and is the only comprehensive program dedicated to improving the health and development of children from birth to five in NC. Come learn how to make physical activity fun!

May 19 | 9:00 am-12:00 pm | Rowan

No Fee | 3 credit hours

Audience Level: A/2

Beyond Band-Aids

It's a fact of life that children at home or in child care will become sick, get hurt, or need to take medicine. Dealing with these situations safely is a serious task. This workshop contains guidelines for responding appropriately to accidents and illness. It also describes careful procedures for administering medication.

April 19 | 6:30-8:30 pm | Rowan

\$10 | 2 credit hours

Audience Level: A/1

CPR Certification

Cardiopulmonary Resuscitation (CPR) certification is required for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate age-appropriate CPR.

April 28 | 8:30 am-1:30 pm | Mecklenburg

June 2 | 8:30 am-1:30 pm | Mecklenburg

\$35 | 5 credit hours

Audience Level: A/1

CPR/First Aid Certification

Cardiopulmonary Resuscitation (CPR) certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children and adults. **Health and Safety Training Topic #9- CPR and First Aid training as required in Subparagraphs .0705(b) and (d) of this Section.*

April 14 | 8:30 am-4:30 pm **there will be a one-hour break for lunch on your own* | Mecklenburg

May 5 | 8:30 am-4:30 pm **there will be a one-hour break for lunch on your own* | Mecklenburg

\$60 | 7 credit hours

Audience Level: A/1

CPR/First Aid: Above and Beyond

This training will go above and beyond regular CPR and First Aid. It is child oriented along with adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. DCDEE approved instructor.

April 28 | 8:30 am-1:30 pm | Rowan

\$10 **Checks MUST be written out to the trainer:*

Tracy Webb-Goodman | 2 credit hours

Audience Level: A/1

Stewards of Children

Preventing child sexual abuse is an adult's responsibility. Darkness to Light's Stewards of Children® training is a 2-hour evidence-informed educational program designed to teach adults how to prevent, recognize and react responsibly to child sexual abuse. The training incorporates a documentary style video along with discussion and a workbook. Expected outcomes include changes in knowledge, attitudes and child protective behaviors.

April 17 | 9:30-11:30am | Mecklenburg

May 15 | 6:30-8:30pm | Mecklenburg

No Fee | 2.0 credit hours

Audience & Level: A/1

Fire Safety

Does your program have a fire safety plan? This session will address county fire codes and guidelines for general precautions, emergency planning and fire drills, equipment services features and systems, fire-related construction and protection, restrictions for interior wall and ceiling covering in the classroom, means of egress, and the use of portable fire extinguishers. This session will also provide information on how to ensure compliance for fire safety.

May 31 | 3:00-5:00 pm | Union

\$15 | 2 credit hours

Audience Level: A/1

Get Ready, Get Set, Go

Are you ready for the road? This workshop will assist participants in developing safety policies and procedures for transporting children. Transporting children and taking them away from familiar surroundings requires careful planning and proactive, protective measures to insure safety. This workshop is designed by the NC Division of Child Development and Early Education as part of the SUPERvision series. **Health and Safety Training Topic #7-Precautions in transporting children*

April 9 | 9:30-11:30 am | Mecklenburg

\$15 | 2 credit hours

May 3 | 6:30-8:30 pm | Rowan

\$10 | 2 credit hours

Audience Level: A/1

Healthy Habits for Life

Childhood is a time when children begin to learn about themselves and the world around them. It is also the time when they begin to develop habits relating to nutrition and physical activity. These habits can affect them for the rest of their lives! Come learn about the Sesame Street Healthy Habits for Life Resource Kit. We will demonstrate fun easy to use activities that will fit right into your existing routine. We will talk about how to include families too! Come and join the fun!

April 10 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Playground Safety

Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

May 4 | 12:00-4:00 pm | Union

May 10 | 9:00 am-1:00 pm | Mecklenburg

\$25 | 4 credit hours

June 9 | 9:00 am-1:00 pm | Rowan

\$20 | 4 credit hours

Audience Level: A/1

Shaken Baby Syndrome

Shaken baby syndrome usually occurs when a parent or caregiver severely shakes a child in frustration or anger, often because a child will not stop crying. Shaken baby syndrome is preventable. This training will address symptoms, causes, and strategies for prevention. **Health and Safety Training Topic #9-Prevention of shaken baby syndrome and abusive head trauma*

April 19 | 1:00-3:00 pm | Mecklenburg

June 12 | 9:00- 11:00 am | Cabarrus **location TBD**

\$15 | 2 credit hours

Audience Level: A/1

Infant/Toddler

Creating Outdoor Learning Environments for Infants and Toddlers: It's Not Called a "Playground" Anymore "Going Outside" is not just about what's out there but what you do when you're out there. It's in the news almost weekly; America's children are not getting enough exercise. Our former First Lady has taken on this cause because it has become a serious issue for our children today. This training will help participants understand the benefits of taking children outside daily and provide suggestions on how to create spaces for infants and toddlers outside that support all areas of learning and introduce them to the natural environment. Finally, participants will be given ideas on what activities can be included in their outdoor spaces.

June 7 | 6:30-8:30 pm | Cabarrus **Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W.*

Concord NC 28027

\$15 | 2 credit hours

Audience Level: A/1



Health and Safety for Infants and Toddlers

This .5 hours CEU course meets the NC Child Care Rule for Health and Safety Training Requirements for #9 Prevention of Shaken Baby Syndrome and Abusive Head Trauma (SBS/AHT) #2 Administration of Medication, #1 Prevention and Control of Infectious Diseases in Child Care and for #5 Emergency Preparedness and Response Planning for Emergencies Resulting From a Natural Disaster, or a Man-Caused Event. This course will focus on warning signs and prevention strategies for shaken baby syndrome, NC Child Care and the forms that are required to be completed before giving medication, the prevention and control of infectious diseases in child care settings and the stages of emergency preparedness and response

May 26 | 9:00 am-3:00 pm **there will be a one-hour break for lunch on your own* | Mecklenburg
\$25 | 5 credit hours | 0.5 CEUs
Audience Level: A/3

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available. **Health and Safety Training Topic #11-Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep Practice*

April 5 | 6:30-8:30 pm | Mecklenburg

April 21 | 9:00-11:00 am | Mecklenburg

April 23 | 6:30-8:30 pm | Union
\$15 | 2 credit hours

April 26 | 6:30-8:30 pm | Rowan
\$10 | 2 credit hours

May 12 | 9:00-11:00 am | Mecklenburg

May 17 | 6:30-8:30 pm | Union

May 22 | 6:30-8:30 pm | Cabarrus **Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027*

June 9 | 9:00-11:00 am | Mecklenburg

June 13 | 3:00-5:00 pm | Union

June 16 | 9:00-11:00 am | Mecklenburg
\$15 | 2 credit hours

June 28 | 6:30-8:30 pm | Rowan
\$10 | 2 credit hours

Audience Level: A/1

Social/Emotional Milestones-Birth to 36 Months: Building Blocks for Future Learning

First everything is "mine", then children learn to take turns, and eventually they learn to share. For infants and toddlers this learning happens through relationships and includes developing a sense of self, a sense of self with others, and learning about feelings. All children need an emotionally secure environment that supports healthy development in this learning domain. This workshop examines social/emotional competence as a vital component of later school readiness. Participants will learn how a responsive caregiver can help the youngest of our children form secure attachments, learn to navigate feelings and emotions, and begin to develop self-regulation and social skills, the building blocks for future learning. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions

April 3 | 6:30-8:30 pm | Rowan
\$10 | 2 credit hours

May 7 | 6:30-8:30 pm | Union
\$15 | 2 credit hours

May 17 | 6:30-8:30 pm | Stanly
\$7 | 2 credit hours
Audience Level: A/1

Understanding the ITERS-R Scale

Does hearing the term ITERS make you feel anxious? If so, this session is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two-year-old classrooms, participants will break down the Infant Toddler Environment Rating Scale (R) into manageable parts, discussion indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed

April 26 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience Level: A/1

Infant/Toddler

Creating Outdoor Learning Environments for Infants and Toddlers: It's Not Called a "Playground" Anymore

"Going Outside" is not just about what's out there but what you do when you're out there. It's in the news almost weekly; America's children are not getting enough exercise. Our former First Lady has taken on this cause because it has become a serious issue for our children today. This training will help participants understand the benefits of taking children outside daily and provide suggestions on how to create spaces for infants and toddlers outside that support all areas of learning and introduce them to the natural environment. Finally, participants will be given ideas on what activities can be included in their outdoor spaces.

June 7 | 6:30-8:30 pm | Cabarrus **Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027*
\$15 | 2 credit hours
Audience Level: A/1

Get Started Improving Classroom Quality with ITERS-R

Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised edition.

April 19 | 6:30-8:30 pm | Cabarrus **Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027*
\$15 | 2 credit hours
Audience Level: A/1

Increasing Quality with the ITERS-R: Today and Every Day!

This CEU course presents an in-depth review of the Infant Toddler Environment Rating Scale subscales and indicators. Lecture, activities and discussions will help you better understand the reasons behind the ITERS-R requirements. Learners will engage in group discussions and activities that explore how to best support infant toddler development and learning using an appropriate tool designed to measure quality. Learners will gain confidence in their ability to provide high quality early learning experiences for infants and toddlers. Learners are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised Edition.

June 19 & 21 **Participants must attend both sessions* | 6:00-8:30 pm | Mecklenburg
\$25 | 5 credit hours | 0.5 CEUs
Audience Level: A/2

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available. **Health and Safety Training Topic #11-Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep Practice.*

April 5 | 6:30-8:30 pm | Mecklenburg

April 21 | 9:00-11:00 am | Mecklenburg

April 23 | 6:30-8:30 pm | Union

\$15 | 2 credit hours

April 26 | 6:30-8:30 pm | Rowan

\$10 | 2 credit hours

May 12 | 9:00-11:00 am | Mecklenburg

May 17 | 6:30-8:30 pm | Union

May 22 | 6:30-8:30 pm | Cabarrus**Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027*

June 9 | 9:00-11:00 am | Mecklenburg

June 13 | 3:00-5:00 pm | Union

June 16 | 9:00-11:00 am | Mecklenburg

\$15 | 2 credit hours

June 28 | 6:30-8:30 pm | Rowan

\$10 | 2 credit hours

Audience Level: A/1

Social/Emotional Milestones-Birth to 36 Months: Building Blocks for Future Learning

First everything is "mine", then children learn to take turns, and eventually they learn to share. For infants and toddlers this learning happens through relationships and includes developing a sense of self, a sense of self with others, and learning about feelings. All children need an emotionally secure environment that supports healthy development in this learning domain. This workshop examines social/emotional competence as a vital component of later school readiness. Participants will learn how a responsive caregiver can help the youngest of our children form secure attachments, learn to navigate feelings and emotions, and begin to develop self-regulation and social skills, the building blocks for future learning. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions

April 3 | 6:30-8:30 pm | Rowan

\$10 | 2 credit hours

May 7 | 6:30-8:30 pm | Union

\$15 | 2 credit hours

May 17 | 6:30-8:30 pm | Stanly

\$7 | 2 credit hours

Audience Level: A/1

Understanding the ITERS-R Scale

Does hearing the term ITERS make you feel anxious? If so, this session is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two-year-old classrooms, participants will break down the Infant Toddler Environment Rating Scale (R) into manageable parts, discussion indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed

April 26 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Preschool

Building Strong Connections to Strengthen Families

Are you looking for ways to enhance and extend your support to children enrolled in your program and their families? Come join us and learn about Strengthening Families, a research informed approach to family engagement that highlights ways to build strong staff and families relationships while helping families gain understanding and knowledge of child development, positive child and family interactions, and protective factors that help families thrive and manage stressors as they face everyday challenges and adversity. All of which reduces a family's risk of child maltreatment. It's about child and family well-being. It's about Strengthening Families!

May 17 | 6:30-8:30 pm | Mecklenburg

June 12 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/3

ECERS-R Overview

This session covers each area of the ECERS-R including interactions, supervision, health and safety, and more. Participants who own an ECERS-R book are encouraged to bring it to this session for easy reference.

June 7 | 9:00- 11:00 am | Cabarrus **location TBD**

\$15 | 2 credit hours

Audience Level: A/1

Enhancing your Learning Centers

Young children learn best by experimenting with their environment through hands-on activities and play, which is why learning centers are such a vital part of the preschool classroom. This session discusses ways to enhance your learning centers to give children the hands-on experiences and play opportunities they need daily.

May 8 | 6:30-8:30 pm | Cabarrus

\$15 | 2 credit hours

Audience Level: A/1

How to Incorporate Yoga In the Classroom

How to Incorporate Yoga in the Classroom is a hands on training that offers insight on yoga and the benefits it offers in the Pre-K classroom. The participants will learn basic breathing techniques and yoga movements. We will also cover affirmation and meditation. The second half of the training will focus on ways to incorporate the Yoga Basic Elements into the daily lesson plan. Yoga Basic Elements are inclusive and can be used to accommodate multiple learning styles, abilities and life experiences.

April 14 | 9:00 am-12:00 pm | Rowan

\$20 | 3 credit hours

Audience Level: A/1

More than a Garden: Enriching Children's Lives Through Nature

Think back to when you were a child. How did you spend your time? Playing video games? Watching endless TV shows? You were probably outside, exploring, running, playing and generally enjoying yourself! Come learn how to introduce the children in your care to the wonders of the great outdoors, and engage children in the stimulation and spontaneity of outdoor play.

June 14 | 1:00-3:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/2

Story Stretchers

Everyone loves a good story. Through this hands-on session, participants will learn how to extend favorite books into other areas of the curriculum, including circle time, learning centers, and small group activities. Perfect for new and seasoned teachers!

May 22 | 9:30-11:30 am | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/2

Supporting Positive Transitions

How well your day flows in your preschool classroom can depend on how well you handle your classroom transitions. Transitions are those periods of time when the children are moving from one activity to the next. Creating short, smooth transitions throughout your day will provide you with more time to be spent in meaningful activities

April 21 | 10:00 am-12:00 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/2



Social & Emotional Development

Behavior Intervention Strategies: You Want Me to Try What?

Teachers who care for children with behavioral difficulties often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors by using six key intervention strategies.

May 23 | 6:30-8:30 pm | Cabarrus *location TBD*
\$15 | 2 credit hours
June 19 | 6:30-8:30 pm | Union
\$15 | 2 credit hours
Audience Level: A/1

Causes of Misbehavior: Why do they act that way?

Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in determining how to prevent/reduce challenging behaviors.

May 15 | 6:30-8:30 pm | Rowan
\$10 | 2 credit hours
Audience Level: A/1

PCAN 2: Bulding a Healthy Brain

The development of the brain begins at conception and continues across the life span. Child Care professionals support and promote very young children's healthy brain development when they use relationships, respect, repetition, routines, and responsive interactions--the "5 R's." In this session, participants identify ways to purposefully use these five strategies in their work with very young children and their families.

May 14 | 6:30-8:30 pm | Mecklenburg
**participants can attend on site in person, or can attend through videoconference. *must have access to computer with camera and microphone capabilities*
June 13 | 6:30-8:30 | Cabarrus *location: Concord Children's Academy, 1951 Derita Rd. Concord, NC 28027
\$15 | 2 credit hours
Audience Level: A/1

Play: An Intervention for Challenging Behavior

Challenging behaviors come in many different formats and many different levels of intensity in preschool children. A significant percentage of teachers report more challenging behaviors in their classroom and frustration in their knowledge and ability to work with these children. At the same time, skills once expected in kindergarten are being pushed down into preschool, so demands on teachers and children are higher. Play is disappearing. Forty years of research says play equals learning. In this session, we will PLAY as we discuss the importance of play for all children, how play can serve as an intervention for children with challenging behavior, Dr. Stanley Greenspan's Floortime concept, how play meets developmentally appropriate learning goals, and creative ways teachers can explain the importance of play to parents.

April 7 | 8:30-2:30 pm | Mecklenburg
\$20 | 5 credit hours | 0.5 CEUs
Audience Level: A/2

Please Let Them Play!

What is play and why is it important for young children? Research shows us that children learn best in an environment, which allows them the opportunity to explore, discover, and play. Play is an important part of a developmentally appropriate child care program. When children have meaningful, enriched and purposeful play experiences, cognitive, physical social-emotional and language development are supported. Join us as we take a comprehensive look at the value of play. The resource Let Them Play by Johnson and Dinger (2012) will also be explored.

April 26 | 6:30-8:30 pm | Union
\$15 | 2 credit hours
Audience Level: A/3

Classroom Management and Child Guidance

This session is designed to help early childhood professionals provide positive guidance for young children in developing self-discipline and in achieving expected outcomes in social development. Teachers learn to cope positively with children who have challenging behaviors. It also emphasizes effective classroom management that prevents problems before they start.

April 11 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
Audience Level: A/1

Preventing Challenging Behaviors: An Ounce of Prevention is Worth a Pound of Cure!

The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teacher who create positive social environments find that many children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.

April 19 | 6:30-8:30 pm | Mecklenburg
\$15 | 2 credit hours
May 24 | 6:30-8:30 pm | Stanly
\$7 | 2 credit hours
Audience Level: A/2

Provider's Almanac

The Provider's Almanac is a tool that will help participants use guidance techniques that will support the social and emotional health of children in their care, thus reducing challenging behaviors. This session is to help providers increase their understanding of how to use positive guidance practices and reduce the occurrence of child challenging behavior in child care centers and homes, in turn reducing the occurrence of abuse and neglect in facilities.

April 18 | 6:30-8:30 pm | Mecklenburg
**participants can attend on site in person, or can attend through videoconference. *must have access to computer with camera and microphone capabilities*
\$15 | 2 credit hours
Audience Level: A/1

Stress and the Developing Brain: What Every Preschool Teacher Needs to Know

We live in a stress-filled world. Stress is something that affects all of us from the youngest to the oldest. While some stress is necessary and positive; too much stress can be toxic. Come learn how the brain develops, our biological need for relationships, and how positive social experiences can buffer the negative effects of stress. Discover the three types of stress responses, the effects of stress on early development and learning, and practical strategies that classroom teachers can use every day to reduce stress responses in the preschool children in your care and in yourself.

May 19 | 8:30 am-2:30 pm | Mecklenburg
\$25 | 5 credit hours | 0.5 CEUs
Audience Level: A/3

School-Age

Basic School Age Care (BSAC)

The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age appropriate activities, environmental design, health/safety and NC Child Care Regulations.

May 3 | 9:00 am-3:00 pm *There will be a one hour break for lunch on your own. | Mecklenburg

June 6 | 9:00 am-3:00 pm *There will be a one hour break for lunch on your own. | Mecklenburg

\$25 | 5 credit hours | 0.5 CEU

Audience Level: A/1

Overview of the SACERS- U Rating Scale

This workshop will provide an overview of the SACERS –U Rating Scale to include: history of the Rating Licensing Assessment process, definitions of the terms used in the tool, indicators of quality as they relate to the SACERS, review of the subscales and scoring process and a review of the materials that need to be in a school-age classroom.

May 17 | 6:30-8:30 pm | Mecklenburg

June 14 | 6:30-8:30 pm | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/3

Webinars

Breast Milk: The Perfect Baby Food

With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the last 3 generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other childhood health concerns, and how child care centers can promote, encourage and support breastfeeding within the walls of the childcare facility. *A Google account/email address is required

On Demand *accessible at any time through computer or mobile device | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Bullying: Today's Mean Scene

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed. *A Google account/email address is required

On Demand *accessible at any time through computer or mobile device | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Fathers and Father Figures

What has remained constant over time is the acknowledgment that parents, both mothers and fathers, are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement. *A Google account/email address is required

On Demand *accessible at any time through computer or mobile device | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Primary Caregiving

The security of a child's attachment to primary caregivers provides a base for the child's emotional - social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and learn how to implement a primary caregiving system in your classroom. *A Google account/email address is required

On Demand *accessible at any time through computer or mobile device | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

Resolving Conflict and Enhancing Communication with Families

Conflict is inevitable in any situation, especially the work situation. When staff are aware of the factors involved in conflict and have developed skills to reduce conflict, the overall atmosphere of the workplace is enhanced. Join us as we explore how conflict occurs, develop an understanding of our own conflict management style and discuss misconceptions around conflict. Participants will be given the opportunity to practice strategies to enhance communication in order to support conflict resolution. *access to a computer (with speakers or headphones) and internet service is required

June 19 | 1:00-2:00pm | Union

\$15 | 2 credit hours

Audience Level: A/3

Zoning in on Behavior Prevention: It's All in the Attitude!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are that there is a problem with your "program", not with the children. You will probably need to change aspects of your program; that is, the physical environment of the classroom, your schedule and curriculum, and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions. *A Google account/email address is required

On Demand *accessible at any time through computer or mobile device | Mecklenburg

\$15 | 2 credit hours

Audience Level: A/1

CCRI Regional Trainers

Teri Brooks	Debbie Johnson
Michelle Cuthbertson	Karen Mintz
Priscilla Hayes	Brittany Panda
Grace Horsman	Bianca Staggs
Samelia Jones	

County Trainers

CCRI	Stanly County
Grace Horsman	Partnership for Children
Jennifer Kappas	Gay Almond
Joan Nicholson	Joy Heglar
Juanita Smith	Smart Start Rowan
Debra Worsley	Quyona Rawley
	Tracy Webb-Goodman

Guest Trainers

Alpha-Grate-Sydnor
 Autism Society of North Carolina, Amy Vestal and Tracy Webb-Goodman
 Captain Doug Stevens
 Pat's Place Child Advocacy Center
 Union County & City of Monroe Fire Marshalls



Registration Form Mecklenburg/ Cabarrus /Union

**Please see page 2 for details on how to register for Rowan and Stanly County training sessions.*

Organization/Program Name: _____
 Organization Address: _____
 City: _____ State: _____ County: _____ Zip Code: _____
 Organization Phone Number: _____ Fax Number: _____ Email Address: _____
 Type of Program (circle one): Child Care Center / Family Child Care Home / Other

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include THEIR last name and the last four digits of THEIR Social Security Number. Please make copies as needed to register additional participants or sessions.

Training Session Title: _____ **Date:** _____
 Participant Name (s): First, Last: _____
 Participant Address: _____
 Participant City: _____ State: _____ County: _____ Zip: _____
 Participant Phone: _____ email: _____
 Position (Administrator/Teacher/Asst): _____ Last 4 Digits of participants SSN: _____
 Ethnicity (circle one) Caucasian / African American / Asian / Hispanic - Latino / Native American / Multi-Racial / Prefer not to give
 Gender (circle one): M / F _____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)
 Participant Age: 15-19 years 20-24 years 25-34 years 35-44 years 45-54 years 55-59 years 60-64 years 65 and over Prefer not to give

Training Session Title: _____ **Date:** _____
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Method of Payment: Check or Money order –payable to CCRI • 4600 Park Rd., Suite 400, Charlotte, NC 28209

Credit Card payments accepted online only.



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